



Loreto Grammar School, Omagh

Relationships & Sexuality Education Policy

Summary

In Loreto, RSE seeks to enable young people to understand and develop healthy, respectful friendships and relationships, stay safe and develop a moral thinking and value system.



Rationale

"Parents remain and always will remain the first and most important teachers of their children." (Handing on the Faith in the Home 1980)

At Loreto Grammar School we recognise and fully respect that parents have the primary duty and right to be the first and principal educators of their children. We aim to support and help parents/guardians to fulfil this responsibility and to strengthen the partnership between home, school and the wider community.

This leaflet is intended only as a summary of the main aspects of the School's RSE Policy. The full policy document can be obtained from the School Office and is available upon request.

"The body is a temple of the Holy Spirit."

1 Corinthians 5:19



Provision

- In Loreto Grammar School, the R.E. Department, in delivering RSE, satisfy the requirements of LLW at Key Stages 3 & 4.
- Other departments (Home Economics, Science, LLW) in covering their own Learning Areas will contribute to the RSE Programme.
- As a Catholic school we place our teaching on Relationships and Sexuality in a theocentric framework in order to help young people to grow into mature Christians.
- We do this by providing information, value-formation and initiation into Christian attitudes and practices.



Striving for Excellence the Loreto Way

LORETO
GRAMMAR SCHOOL, OMAGH





The RSE Programme aims to:

Help young people to appreciate their uniqueness and dignity as children of God.

Enable young people to understand and develop healthy and respectful friendships and relationships, stay safe and develop a moral thinking and value system.

Promote a Christian vision of sexuality and sexual health matters i.e. a vision that promotes unselfish love, respect and commitment.

Help young people understand that sexuality is a gift from God that encompasses the whole person, body, mind, emotions and soul.

Appreciate the responsibilities of parenthood.

Help young people to appreciate that marriage is a sacrament and that sexual intercourse is an expression of married love.

Promote knowledge and understanding of, and respect for sexuality and human reproduction.

Promote a positive attitude to one's own sexuality, sexual health and one's relationships with others.

Promote an appreciation of the value and sanctity of human life and the wonder of life from the moment of conception.

Enable young people to recognise potentially exploitative, dangerous, situations and relationships and teach them how to take preventative action.

Create a positive, safe learning environment which acknowledges and respects the rights, uniqueness, individuality and dignity of each pupil, regardless of difference.

Encourage young people to make informed, responsible, moral decisions about their relationships and sexual health.

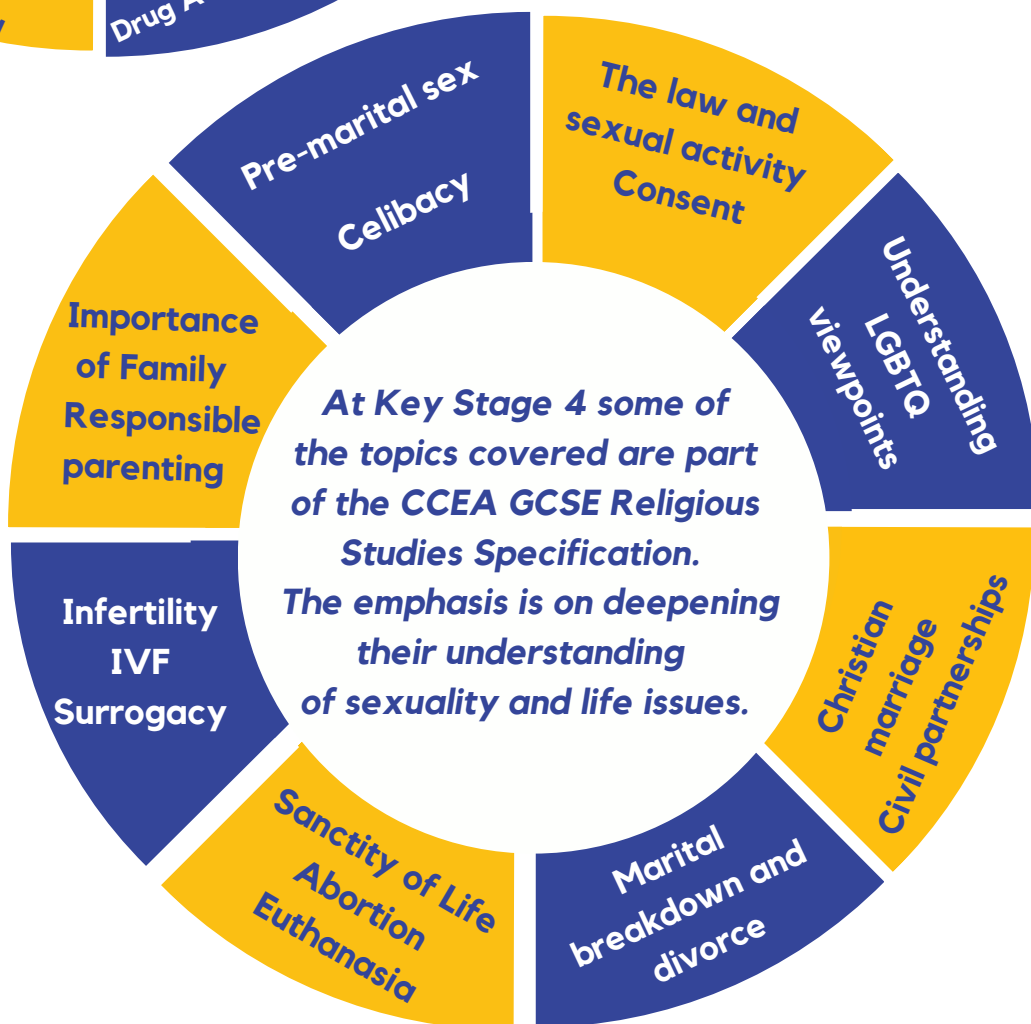
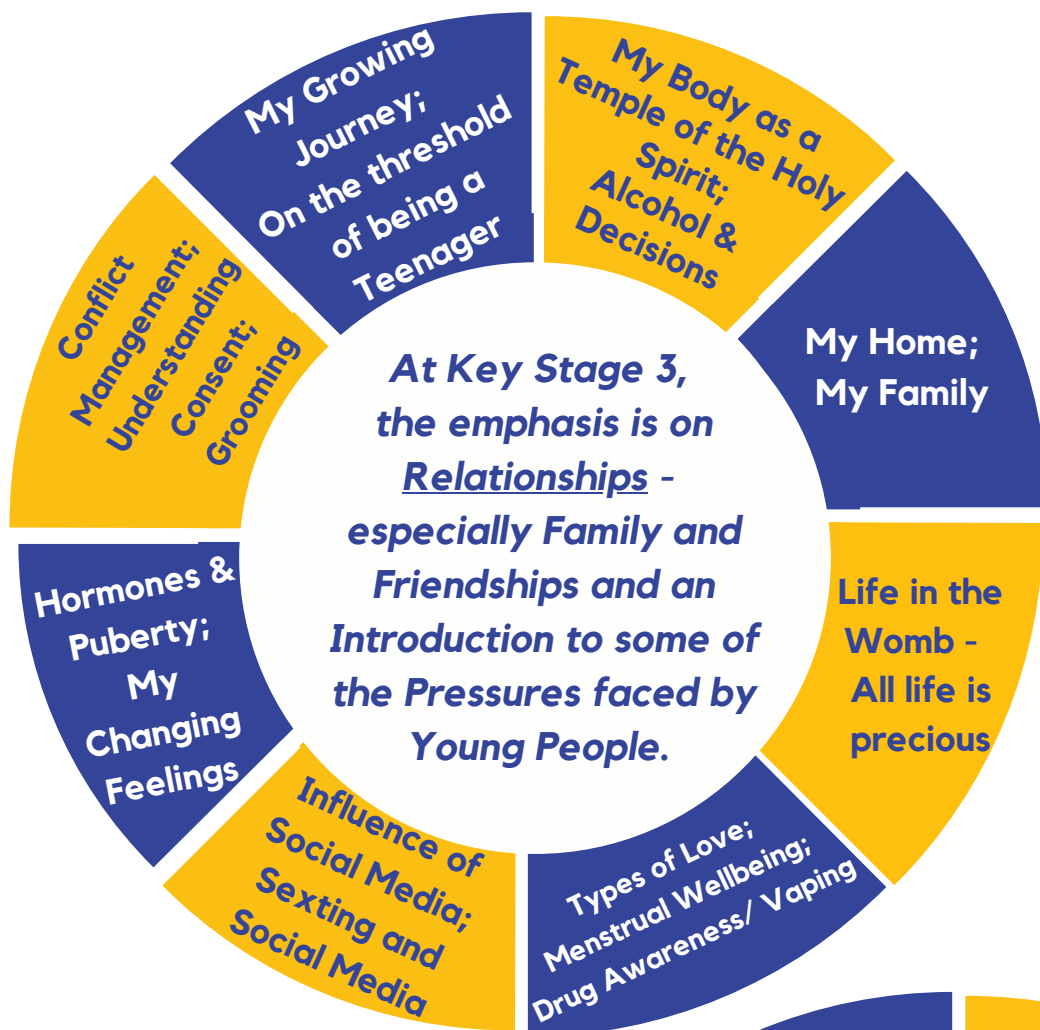
"The glory of God is a person fully alive."
St Irenaeus

Educate students to live in a changing world so that they value and respect difference and engage positively with it.

Ensure that students, at each stage of their development, have an understanding of and respect for the rights, equality, dignity and diversity of all.

Help young people to keep themselves safer in a digital world.

KS3 & KS4 Overview



Post 16

In both Years 13 and 14 R.E. Programmes topics will be explored in greater depth and the emphasis will be on merging relationships and sexuality issues, as students apply them to their life experiences and decisions.



Friendship

Dating
Chastity
Pre-marital sex
Consent



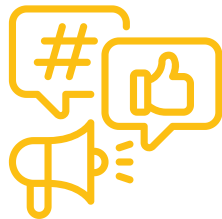
Healthy and unhealthy relationships
Domestic abuse



Child Sexual Exploitation and Human Trafficking



Sexting and social media



Fertility
Contraception
STIs



Pregnancy
Parenting
Abortion



Self-esteem
Fragility of the human heart



From Years 8-14 students will have been on a journey of consistent formation in the area of relationships and sexuality. We hope they emerge as young people of faith who are able to make mature decisions in complex life areas.