



11th October 2023

Dear Parents/Guardians,

As you know, a cardiac arrest is an extreme medical emergency which occurs when a person's heart suddenly stops pumping blood around the body. CPR is a life-saving medical procedure which is given to someone who is in cardiac arrest. It helps to pump blood around the body when the heart is unable to do so.

Internationally, survival rates are considerably higher where more people are trained to perform CPR. There is also evidence from Europe to show that providing CPR training within the school curriculum can have a clear and measurable impact on survival rates. As you may be aware, in March 2022, legislation came into effect stating that cardiopulmonary resuscitation (CPR) and Automated External Defibrillator (AED) must be included in the minimum statutory content in Learning for Life and Work at Key Stage 3. CCEA has partnered with the Northern Ireland Ambulance Service (NIAS), the Department of Education (DE) and the Education Authority to create the Community of Lifesavers Education Programme to support schools in meeting this requirement.

We have organised a Community of Lifesavers Day on **Monday 16th October 2023** in our School Assembly Hall for our Year 9 students. Students will develop practical knowledge alongside the skills and attributes necessary to put such knowledge into practice in a real-life emergency, for example, through development of self-confidence and empathy and learning to identify and manage risk.

Details:

Date: Monday 16th October 2023

Time: 9:15am-3:25pm

Location: School Assembly Hall

Cost: £1 (Coverage of external Facilitator - for exercise and healthy heart)

***Break and Lunch as normal.**

***Students are permitted to wear their P.E Uniform.**

Thank you for your support on this important issue.

Yours faithfully

SarahJane Fahy

(Vice Principal: Pastoral Care and Welfare)