

Dear Parent/Guardian

You may be aware that the NI Executive agreed in December 2020 that free period products should be made available to all schools from September 2021. The 'Period Dignity Project' is currently proceeding on a pilot basis.

Period dignity refers to the accessibility and availability of essential care needed to support a period, in conjunction with the removal/breaking of stigma and taboo around periods. Education is a key factor in breaking the stigma surrounding periods and promoting respect, understanding and open discussions about what people may experience when menstruating.

The pilot scheme aims to promote period dignity and tackle period poverty. The free products are not aimed at providing a blanket provision, but the scheme aims to ensure products are available to those that need them. where and when they need them. It addresses the specific needs of the school sector.

The Period Dignity scheme and menstrual wellbeing will be explained to pupils through Form Class, Year Group Teams and Assembly.

All our Junior pupils will receive a packet of sanitary towels during registration this week.

Additional products are available on request from the Medical Room via the School Nurse or the Period Dignity Request Box across from Mrs Mc Elroy's room. Parent or Student can request products. Products are also available in each toilet cubicle in school.

Thank you for your support in this important matter.